



COMMUNITY SCHOOL PROGRAMS





THE ARMADA FC COMMUNITY PROGRAMS MISSION

is to offer their expertise, create memories and develop a passion for the game through the sport of soccer. The Armada FC community soccer experience consists of many different programs to teach players and coaches at all levels in the North East Florida community.





NPSL TEAM
(ARMADA U23'S)

**ARMADA FC PRO
YOUTH ACADEMY**

**ARMADA FC YOUTH
AFFILIATED TRAVEL PROGRAMS**

**ARMADA FC COMMUNITY
PROGRAMS**

THE ARMADA FC PYRAMID

Jacksonville Armada FC is dedicated to providing the highest quality of personal service to every player, family and soccer community with whom we work.



ELEMENTARY AND MIDDLE SCHOOL PROGRAMS

AFTER SCHOOL, LUNCH CLUB AND MORNING CLUB PROGRAM

The Armada FC afterschool, lunch club and morning club soccer program are inclusive and open to all boys and girls of all abilities.

Our Philosophy in these programs is rooted in “Camouflage learning” and “Getting started” with the ball. Soccer knowledge is gained through vehicles such as games where players are, acting like “pirates” or “Sharks and Minnows” and learn different techniques and skills used in soccer.

We teach in this way to ensure that all children improve their soccer skills whilst having an enjoyable experience.

By improving ability, confidence and enjoyment, children will continue to take part in the soccer and hopefully take away a healthy lifestyle ethos.

There are two types of After School Programs we run. For Kindergarten, Grade 1 and 2 we offer a program called the ‘Armada FC First Touch program’. For grades 3, 4, 5 and 6, we offer a program called the “The Armada Soccer School Program”. Each program is delivered through an age appropriate curriculum.

Our afterschool, lunch club and morning club program can run from anywhere between an 8 week block or to year round depending on the requirements of the school and incorporate many fun games, mini matches and tournaments (world Cup, Champions League, Sate Cup, Soccerween Cup, NASL play off Cup.





FUTSAL INTRODUCTION

The Futsal program is designed to develop the ages of U8-U14. Futsal is a fast growing soccer related game.

It is now a national sport in Spain and one of the reasons for the Spanish National team being technically one of the best sides in the world. The sport was first founded in Argentina and is FIFA sanctioned. The players who have developed from this sport are Lionel Messi, Robinho, and Cristiano Ronaldo. It is a skilled based game played with a smaller heavier soccer ball to develop touch and control.



The game is played indoors on a gymnasium type surface. The program will teach boys and girls how to perform skills in a non-pressured environment to then being able to perform in an opposed environment against their peers.

EMERGENCY PHYSICAL EDUCATION LESSON

All Armada FC staff who deliver Emergency PE cover within Elementary and Middle Schools have a minimum of the following qualifications/training: County Vendor Check, Safe guarding and protecting children workshop, Emergency first Aid, Level 1 National or international Coaching Soccer qualification, Introduction to FUNDamentals workshop, Introduction to the Long Term Athlete Development Model (LTADM) and comprehensive Armada FC in service training and assessment.

SCHOOL TEAM PROGRAM

Have Armada FC Community coach, coach your school team, using the coaches' wide experience and Armada FC age appropriate curriculum. The coach will organize practices, team schedule and manage game day duties. Offer nutritional advice for preparation before and after games.

Armada FC Community coaches offer technical and tactical advice to all the players, to benefit their development.

PUTTING THE 'PHYSICAL IN TO PHYSICAL EDUCATION'

This generation of children is least healthy for nearly 300 years due to sedentary lifestyle unassociated obesity! P.E time is limited, so it's important to make sure they are not just learning the FUNDamental skills and movements, but that they also work at intensity where they will improve their fitness as well, and also the associated behavioral benefits.

MULTI SKILLS AND LONG TERM ATHLETE DEVELOPMENT MODEL

In all sports there is a common theme of focusing on multi skills to develop agility, Balance and Co-ordination which are essential building blocks for future sporting performance. We at Armada FC have an age appropriate curriculum which helps develop these key essential skills.



ARMADA FC – PROGRAM PROCEDURES

Armada FC Community staff members prides themselves on high standards ON and OFF the pitch:

- We have procedures set in place to make sure the welfare and safety of the children is our main concern.
- Before any program starts we make sure the children have handed in their medical slips and waiver forms signed by their parents/guardians.
- We will then meet all children at a set location where we will begin the registration procedure, making sure the children on the roster are present and the children are wearing the correct equipment.
- We will then leave the location together to travel to the field or gymnasium.
- All coaches will have first aid, cell phones and parent/guardian contact information in case of emergency.
- The procedure for the rest room is the whole group will go together if one coach is present, if two or more are present they will go in groups with one coach.
- The procedure with dismissal is all children will be picked up from an allocated location; the coach will not leave until every child has been picked up. Coaches will have parent's/guardians contacts on them in the case where a parent/guardian does not arrive to pick their child up.



PRICE GUIDE

PROGRAM	PRICE
After School Program	\$10 per child per session
Lunch time Program	\$7 per child per session
Emergency Physical Education Lesson	\$150 per lesson per coach
Multi Skills	\$100 per hour per coach
Futsal Introduction	\$10 per session
School Team Program	\$75 per hour per coach



CALL THE COMMUNITY PROGRAMS HOTLINE
NOW TO SECURE YOUR PLACE

904.516.3798

1 INDEPENDENT DRIVE, SUITE 3131
JACKSONVILLE, FL 32202

INFO@ARMADAFCL.COM

Twitter JAXARMADAFCL

Facebook FACEBOOK.COM/JAXARMADAFCL



ARMADAFCC.COM
1.844.2.ARMADA

**1 INDEPENDENT DRIVE, SUITE 3131
JACKSONVILLE, FL 32202**



**CALL THE COMMUNITY PROGRAMS HOTLINE
NOW TO SECURE YOUR PLACE**

904.516.3798